

Tab. 4. The comparison of elements content in healthy and degenerating discs (mg × kg<sup>-1</sup> dry matter).

Elements	Healthy discs					Degenerating discs					P
	N	mean	SD	min.	max.	N	mean	SD	min.	max.	
Cu	9	5.90	1.51	3.50	9.22	19	1.19	0.88	0.25	3.19	0
Fe	9	104.60	16.84	75.00	125.60	19	147.42	49.90	68.60	254.30	0.016075
Mn	9	0.20	0.16	0.15	0.62	19	0.23	0.24	0.15	1.22	0.595047
Pb	9	0.81	0.32	0.60	1.47	19	0.83	0.52	0.60	2.45	0.498235
Zn	9	21.76	6.91	13.79	32.29	19	21.90	13.59	7.60	62.20	0.410187
Na	9	14,300	200	10,800	17,800	19	16,000	3,100	9,500	21,900	0.076289
Mg	9	300	100	200	400	19	5,100	2,900	2,600	14,000	0
K	9	300	1,100	1,700	4,500	19	0.13	300	900	2,000	0.000001
Ca	9	400	200	200	700	19	1.50	18,200	2,700	76,900	0
P	9	1,300	300	800	1,600	19	0.72	9,500	400	39,800	0.004277

N – number of patients; SD – standard deviation

## Results

The content of Fe, Zn, Na, Mg, K, Ca, and P in the discs were detected in high levels in all samples. Trace elements (Cu, Mn, Pb) were considered as present when their concentration exceeded 0.6 mg × kg<sup>-1</sup> d.m.

Mn was detected in 5 (26%) samples, Cu in 8 (42%) samples, and Pb in 4 (21%) samples.

The ranges of concentrations for particular elements were as follows (mean value ± standard deviation, range resp.) (Tab. 3).

Cu mean was  $1.19 \pm 0.88$  mg × kg<sup>-1</sup> d.m., range of  $0.25\text{--}3.19$  mg × kg<sup>-1</sup> d.m. in degenerating discs, while in the healthy ones the mean was  $5.9 \pm 1.51$  mg × kg<sup>-1</sup> d.m., range of  $3.5\text{--}9.22$  mg × kg<sup>-1</sup> d.m.

Ca mean was  $1.50 \pm 1.82\%$  of d.m., range of  $0.27\text{--}7.69\%$  of d.m. in degenerating disc, while in healthy ones the mean was  $0.04 \pm 0.02\%$  of d.m., range of  $0.02\text{--}0.07\%$  of d.m.

Fe mean was  $147.42 \pm 49.94$  mg × kg<sup>-1</sup> d.m., range of  $68.60\text{--}254.30$  mg × kg<sup>-1</sup> d.m. in degenerating discs, while in healthy ones the mean was  $104.57 \pm 16.84$  mg × kg<sup>-1</sup> d.m. range of  $75.00\text{--}125.60$  mg × kg<sup>-1</sup> d.m.

K mean was  $0.13 \pm 0.03\%$  of d.m., range of  $0.09\text{--}0.20\%$  of d.m. in degenerating disc while in healthy ones the mean was  $0.30 \pm 0.11\%$  of d.m., range of  $0.17\text{--}0.45\%$  of d.m.

Mg mean was  $0.51 \pm 0.29\%$  of d.m., range of  $0.26\text{--}1.40\%$  of d.m., in degenerating disc, while in healthy ones the mean was  $0.03 \pm 0.01\%$  of d.m., range of  $0.26\text{--}1.4\%$  of d.m.

Mn mean was  $0.23 \pm 0.24$  mg × kg<sup>-1</sup> d.m. range of  $0.15\text{--}1.22$  mg × kg<sup>-1</sup> d.m. in degenerating disc, while in healthy ones the mean

was  $0.20 \pm 0.16$  mg × kg<sup>-1</sup> d.m., range of  $0.15\text{--}0.62$  mg × kg<sup>-1</sup> d.m.

Na mean was  $1.60 \pm 0.31\%$  of d.m. range of  $0.95\text{--}2.16\%$  of d.m. in degenerating disc, while in healthy ones the mean was  $1.43 \pm 0.20\%$  of d.m., range of  $1.08\text{--}1.78\%$  of d.m.

P mean was  $0.72 \pm 0.95\%$  of d.m. range of  $0.04\text{--}3.98\%$  of d.m., in degenerating disc, while in healthy ones the mean was  $0.13 \pm 0.03\%$  of d.m., range of  $0.08\text{--}0.15\%$  of d.m.

Pb mean was  $0.83 \pm 0.32\%$  of d.m., range of  $0.60\text{--}1.47\%$  of d.m. in degenerating disc, while in healthy ones the mean was  $0.83 \pm 0.52\%$  of d.m., range of  $0.60\text{--}2.45\%$  of d.m.

Zn mean was  $21.90 \pm 13.59$  mg × kg<sup>-1</sup> d.m., range of  $7.60\text{--}62.20$  mg × kg<sup>-1</sup> d.m. in degenerating disc, while in healthy ones it was  $21.76 \pm 13.59$  mg × kg<sup>-1</sup> d.m., range of  $7.60\text{--}62.20$  mg × kg<sup>-1</sup> d.m.

The differences between healthy and degenerating discs appeared significant for Cu, Fe, Mg, Ca, K and P (Tab. 4).

The levels of K and Cu were higher in healthy discs, while levels of P, Ca, Mg and Fe were higher in degenerating discs.

In the surgery group, the correlation analysis revealed a significant negative relationship between age and sodium content. A positive correlation was indicated between VAS and Pfirrmann grade, Fe and K, Zn and Mg, Cu and P, Na and K, Mg and Ca, Mg and P (Tab. 5).

## Discussion

Analysis of selected trace elements in degenerating intervertebral discs showed a significant increase of Fe, Mg, Ca and P, and a decrease in Cu and K as compared with healthy ones.

## Calcium

Calcium is one of 21 essential elements for humans [11]; it regulates many intracellular and extracellular processes. Dysregulation in production, level, or transport of Ca is always associated with a disease. Ca deposits are well known elements of disc degeneration; however, the role of the deposits in the degeneration process is still unclear. Several papers showed that there was a correlation between the presence of Ca crystals and disc degeneration phenomenon [12–14]. Some data advocate that deposits present in degenerated intervertebral discs are made of calcium pyrophosphate dihydrate, and this phenomenon is more associated with the previous history of trauma or surgery [12]. On the other hand, there are data which state that the calcium pyrophosphate dihydrate is both the cause and effect of disc degeneration [13]. In the literature, there is still a lack of quantitative analysis; therefore, data contained in this paper may be helpful in understanding the process of disc degeneration. In the degenerating disc group, there was no correlation between age and Ca levels, as well as between Ca levels and Pfirrmann grade of degeneration. Considering the differences in Ca concentration between healthy and degenerating discs, there was a higher Ca content in degenerating discs than in healthy ones.

## Copper

Copper is an active metal characteristic for organisms living in an oxygen-rich environment. It is associated with animal pro-

Tab. 5. Correlation between elements, age, Visual Analogue Scale, and Pfirrmann grade.

	Pfirrmann grade	Cu	Fe	Mn	Pb	Zn	Na	Mg	K	Ca	P	VAS
Age	0.37	0.00	-0.25	-0.27	0.39	0.18	-0.65*	0.04	-0.33	0.16	0.15	0.26
Pfirrmann grade		-0.24	-0.08	0.21	0.17	0.29	-0.38	0.01	-0.09	0.25	0.24	0.48*
Cu			0.33	0.20	0.31	0.11	0.32	-0.21	0.26	-0.34	-0.33	-0.20
Fe				0.27	0.26	0.39	0.33	0.17	0.71*	0.11	0.11	0.02
Mn					0.10	0.23	0.33	-0.09	0.03	0.01	0.00	-0.31
Pb						0.34	-0.35	-0.17	-0.01	0.15	0.14	-0.02
Zn							-0.14	0.51*	0.35	0.54*	0.54*	-0.01
Na								-0.02	0.57*	-0.32	-0.31	-0.13
Mg									0.25	0.68*	0.68*	0.05
K										0.15	0.16	0.26
Ca											0.99*	0.08
P												0.10
VAS												

\* significant P &lt; 0.05

VAS – Visual Analogue Scale

teins involved in reduction-oxygenation processes [3]. Many enzymes harness the changes in the Cu oxidation stage to catalyse redox reactions in a numerous range of biochemical transformations [15]. Cu plays an important role in cell haemostasis, and cell signalling processes. Moreover, Cu handling and Cu utilising proteins control metabolic changes in cancer cells known as the Warburg effect – the down-regulation of cell respiratory capacity observed in cancer cells [15]. In examined groups, there was a higher concentration of Cu in the healthy group, which may be a consequence of improved oxygenation and improved blood supply to healthy disc tissue [4].

### Iron

The role of Fe in many processes is difficult to overestimate. As a very important component of haemoglobin, it plays a significant role in oxygen transport. There are four classes of Fe-related proteins: Fe containing haeme proteins (haemoglobin, myoglobin, cytochromes), iron sulfur enzymes (flavoproteins, haemaflavoproteins), proteins for Fe storage and transport (transferrin, lactoferrin), and other Fe-containing and Fe-activated enzymes. The role of Fe in the disc degeneration process is still unknown, and there are no papers describing this topic [16]. The content of Fe was higher in degenerating discs, and this result was statistically significant.

### Sodium and potassium

Sodium and potassium as well as their attendant anions are important components of all body fluids [17]. Na and K play a principal role in maintaining body fluid homeostasis. Levels of these ions are important for water balance, and disc dehydration is one of the components of disc degeneration. These two ions are important in the creation of nerve impulses, using concentration gradients across plasma membrane produced by Na(+) K(+) adenosine triphosphate (ATP)-ase [18].

Our results show higher levels of K in healthy discs, and a negative correlation between age and the content of Na; both results are statistically significant.

### Magnesium

Magnesium is the second most abundant intracellular cation, and fourth cation in terms of abundance for the whole body. This cation is essential for the synthesis of nucleic acids and proteins, and plays a role in Ca metabolism by competing with Ca for membrane binding. Mg has many important biological functions, such as intracellular energy metabolism cell replication, and protein synthesis [19]. Levels of Mg were higher in degenerating discs and the difference was statistically significant.

### Manganese

Manganese is essential for bone formation. It plays an important role in the metabolism

of amino acids, lipids, and carbohydrates. Glycosyltransferases and xylotransferases are important in proteoglycan synthesis and they are very sensitive in the presence of Mn. Thus, the latter can play a role in the disc degeneration process [6]. The levels of Mn in healthy discs and degenerating discs were similar, and the difference was not statistically significant.

### Phosphorus

Numerous normal physiologic functions are dependent on P, including skeletal development, cell membrane phospholipid content and function, cell signalling, platelet aggregation, and energy transfer through mitochondrial metabolism [6]. P is essential for the bone mineralisation process [20]. The level of P was higher in degenerating discs, and the difference was statistically significant.

### Lead

Lead accumulates in bones and its concentration tends to increase with age, because lead is difficult to remove from the tissue [21]. More than 90% of the body's Pb burden is found in the skeleton [8]. The biological half-life of lead is about one month for soft tissue, it is longer – years – for trabecular bones, and decades for cortical bones [22]. Pb can cause several adverse health effects, such as neuropathy, encephalopathy, and kidney damage. Pb levels in intervertebral discs

should not be high, because most Pb accumulates in bones. This is the case in the presented group, where only four specimens showed Pb levels higher than  $0.60 \text{ mg} \times \text{kg}^{-1}$ ; the difference between healthy and degenerating discs was not significant.

### Zinc

Zinc is a component of various enzymes; it forms and helps to maintain the structural integrity of proteins and regulates gene expression [16]. The biological role of Zn can be divided into three categories: structural, catalytic, and regulatory. Zn plays a crucial role in the immune system, and Zn-deficient individuals present increased susceptibility to infection [23]. The inflammatory process in disc degeneration is still to be examined and at the moment we know that it is a part of the whole degeneration process [1,24,25]. Moreover, matrix metalloproteinases are Zn-dependent enzymes, and these enzymes are responsible for extracellular matrix synthesis and degradation. Balance between these two processes is a basic condition to stop the degeneration process [1,24]. Zn levels may indirectly indicate a metalloproteinase concentration and activity in the disc tissue. The difference in Zn levels between healthy and degenerating tissue was not statistically significant.

### Conclusions

The study is one of only a few to present elements concentration in vertebral disc tissue; moreover, there are no papers analysing either a healthy control group or the clinical status of the patients analysed (MRI images and elements contents).

The results showing differences between healthy and degenerating discs in terms of Ca levels are particularly important. There is a statistically significant difference be-

tween healthy and degenerating discs (the level of Ca is higher in degenerating discs), while there is no correlation between Ca levels and the age of the patient, and Ca levels and disc degeneration stage. The examined group may be too small to demonstrate such correlation, but if this fact is confirmed upon further examination, questions regarding Ca chemistry and its role in disc degeneration process should be formulated.

Levels of other elements may be influenced by diet, and other exogenous factors such as contamination which is associated with technological development of the dwelling location.

Identification of significant factors as well as their influence on the disc degeneration process are both issues still demanding further investigation.

### References

1. Adams MA, Roughley PJ. What is intervertebral disc degeneration, and what causes it? *Spine (Phila Pa 1976)* 2006; 31(18): 2151–2161.
2. Downie WW, Leatham PA, Rhind VM et al. Studies with pain rating scales. *Ann Rheum Dis* 1978; 37(4): 378–381.
3. Gutierrez PL. The metabolism of quinone-containing alkylating agents: free radical production and measurement. *Front Biosci* 2000; 5: D629–D638.
4. Liang C, Li H, Tao Y et al. New hypothesis of chronic back pain: low pH promotes nerve ingrowth into damaged intervertebral disks. *Acta Anaesthesiol Scand* 2013; 57(3): 271–277. doi: 10.1111/j.1365-6552.2012.02670.x.
5. Urban JP, Winlove CP. Pathophysiology of the intervertebral disc and the challenges for MRI. *J Magn Reson Imaging* 2007; 25(2): 419–432.
6. Palacios C. The role of nutrients in bone health, from A to Z. *Crit Rev Food Sci Nutr* 2006; 46(8): 621–628.
7. Kepler CK, Ponnappan RK, Tannoury C et al. The molecular basis of intervertebral disc degeneration. *Spine J* 2013; 13(3): 318–330.
8. Berlin K, Gerhardsson L, Borjesson J et al. Lead intoxication caused by skeletal disease. *Scand J Work Environ Health* 1995; 21(4): 296–300. doi: 10.1016/j.spinee.2012.12.003.
9. Pfirrmann CW, Metzdorf A, Zanetti M et al. Magnetic resonance classification of lumbar intervertebral disc degeneration. *Spine (Phila Pa 1976)* 2001; 26(17): 1873–1878.
10. Modic MT, Steinberg PM, Ross JS et al. Degenerative disk disease: assessment of changes in vertebral body marrow with MR imaging. *Radiology* 1988; 166(1 Pt 1): 193–199.
11. Weaver CM, Heaney RP (eds). *Calcium in human health*. Totowa, NJ: Humana Press 2006.
12. Berlemann U, Gries NC, Moore RJ et al. Calcium pyrophosphate dihydrate deposition in degenerate lumbar discs. *Eur Spine J* 1998; 7(1): 45–49.
13. Gruber HE, Norton HJ, Sun Y et al. Crystal deposits in the human intervertebral disc: implications for disc degeneration. *Spine J* 2007; 7(4): 444–450.
14. Lee RS, Kayser MV, Ali SY. Calcium phosphate microcrystal deposition in the human intervertebral disc. *J Anat* 2006; 208(1): 13–19.
15. Turski ML, Thiele DJ. New roles for copper metabolism in cell proliferation, signaling, and disease. *J Biol Chem* 2009; 284(2): 717–721. doi: 10.1074/jbc.R800055200.
16. Trumbo P, Yates AA, Schlicker S et al. Dietary reference intakes: vitamin A, vitamin K, arsenic, boron, chromium, copper, iodine, iron, manganese, molybdenum, nickel, silicon, vanadium, and zinc. *J Am Diet Assoc* 2001; 101(3): 294–301.
17. Motulsky AG. National Research Council (US) Committee on diet and health. *Diet and health: implications for reducing chronic disease risk*. Washington (DC): National Academies Press (US) 1989.
18. Clausen MJ, Poulsen H. Sodium/Potassium homeostasis in the cell. *Met Ions Life Sci* 2013; 12: 41–67. doi: 10.1007/978-94-007-5561-3\_3.
19. Swaminathan R. Disorders of magnesium metabolism. *CPD Bull Clin Biochem* 2000; 2(1): 3–12.
20. Moe SM, Daoud JR. Disorders of mineral metabolism: calcium, phosphorus, and magnesium. In: National Kidney Foundation's Primer on Kidney Diseases, 6th ed. Elsevier Health Sciences 2013: 100–112.
21. Kubaszewski Ł, Ziota-Frankowska A, Frankowski M et al. Atomic absorption spectrometry analysis of trace elements in degenerated intervertebral disc tissue. *Med Sci Monit* 2014; 20: 2157–2164. doi: 10.12659/MSM.890654.
22. Nilsson U, Attewell R, Christoffersson JO et al. Kinetics of lead in bone and blood after end of occupational exposure. *Pharmacol Toxicol* 1991; 68(6): 477–484.
23. Shankar H. Zinc and immune function: the biological basis of altered resistance to infection. *Am J Clin Nutr* 1998; 68(2 Suppl): 447S–463S. doi: 10.1093/ajcn/68.2.447S.
24. Hadjipavlou AG, Tzermadianos MN, Bogduk N et al. The pathophysiology of disc degeneration: a critical review. *J Bone Joint Surg Br* 2008; 90(10): 1261–1270. doi: 10.1302/0301-620X.90B10.20910.
25. Lyons G, Eisenstein SM, Sweet MB. Biochemical changes in intervertebral disc degeneration. *Biochim Biophys Acta* 1981; 673(4): 443–453.

# How extracellular sodium replacement affects the conduction velocity distribution of rats' peripheral nerves

## Jak náhrada extracelulárního sodíku ovlivňuje distribuci rychlosti vedení periferním nervem u krysy

### Abstract

In electrophysiological studies, the substitution of  $\text{Na}^+$  is used as a method in the extracellular environment. N-methyl-D-glucamine (megulamine; NMG) is an excipient because of its pharmacologically inactive nature, which can block the  $\text{Na}^+$  currents at a cellular level. In this study, we investigated alterations in the contributions of fiber groups to compound action potential (CAP) during NMG replacement. The replacement resulted in a significant decrease in both the amplitude and the area of the CAP for each replacement group. Full replacement did not decrease the CAP area compared to partial replacement. Different replacement ratios of  $\text{Na}^+$  in the extracellular medium with NMG have been shown to cause changes in the activities of some nerve fibers, as well as blocking the conduction. The findings were obtained by the specific distribution of the nerve conduction velocity calculation method. The partial replacement of extracellular  $\text{Na}^+$  affects the fast-conducting fiber groups, whereas full replacement affects the slow-conducting fiber groups.

### Souhrn

V elektrofyziologických studiích je substituce sodíku používaná jako metoda v extracelulárním prostředí. N-methyl-D-glukamin (megulamin, NMG) je pomocnou látkou díky své farmakologicky neaktivní povaze, která umožňuje blokovat proud  $\text{Na}^+$  na buněčné úrovni. V této studii jsme zkoumali změny týkající se vlivu skupin vláken na složený akční potenciál (compound action potential; CAP) během náhrady NMG. Náhrada vedla k významnému poklesu jak amplitudy, tak plochy CAP u každé nahrazené skupiny. Úplná náhrada nezmenšila plochu CAP v porovnání s částečnou náhradou. Bylo prokázáno, že různé poměry nahrazení  $\text{Na}^+$  v extracelulárním médiu s NMG způsobují změny v aktivitách některých nervových vláken, stejně jako blokádu vedení. Závěry jsou získané specifickou metodou výpočtu distribuce rychlosti nervového vedení. Částečná náhrada extracelulárního  $\text{Na}^+$  ovlivňuje rychle vodivé skupiny vláken, zatímco úplná náhrada ovlivňuje pomalu vodivé skupiny vláken.

The authors of this article would especially like to thank Prof. Nizamettin Dalkılıç for his scientifically valuable comments and Prof. Selim Kutlu for technical support in their experiments.

The authors declare they have no potential conflicts of interest concerning drugs, products, or services used in the study.

Autoři deklarují, že v souvislosti s předmětem studie nemají žádné komerční zájmy.

The Editorial Board declares that the manuscript met the ICMJE "uniform requirements" for biomedical papers.

Redakční rada potvrzuje, že rukopis práce splnil ICMJE kritéria pro publikace zasílané do biomedicínských časopisů.

**S. Tuncer<sup>1</sup>, M. C. Celen<sup>2</sup>**

<sup>1</sup> Faculty of Medicine, Osmangazi University, Eskişehir, Turkey

<sup>2</sup> Meram Faculty of Medicine, Necmettin Erbakan University, Konya, Turkey



**Murat C. Celen, MSc**  
Necmettin Erbakan University  
Meram Faculty of Medicine  
Department of Biophysics  
42060 Konya  
Turkey

e-mail: muratcenkcelen@gmail.com

Accepted for review: 17. 8. 2018

Accepted for print: 13. 2. 2019

### Key words

compound action potential – nerve conduction velocity distribution – N-methyl-D-glucamine – peripheral nerve

### Klíčová slova

složený akční potenciál – distribuce rychlosti nervového vedení – N-methyl-D-glukamin – periferní nerv

### Introduction

N-methyl-D-glucamine (megulamine; NMG) is an agent used mostly as a benign excipient or vehicle of a drug in pharmacology

to improve drug absorption. It also offers the potential for improved muscle function and reduction in metabolic syndrome and diabetes mellitus complications by sys-

temic administration with no observable adverse effects [1]. However, in electrophysiological *in vitro* applications, when used as a component of a replacement medium, it

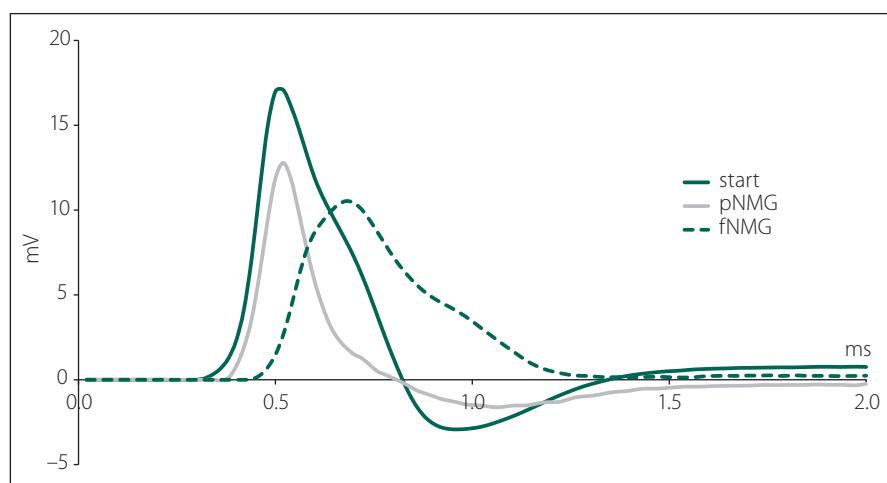


Fig. 1. Sample compound action potential traces from a single nerve bundle for each group (start, pNMG, fNMG) recorded 30 mm away from the stimulating electrodes.

fNMG – full N-methyl-D-glucamine replacement; NMG – N-methyl-D-glucamine; pNMG – partial N-methyl-D-glucamine replacement

Obr. 1. Křivky akčního potenciálu vzorové sloučeniny zachycené z jednoho nervového svazku v každé skupině (start, pNMG, fNMG) ve vzdálenosti 30 mm od stimulačních elektrod.

fNMG – plné nahrazení N-methyl-D-glukaminu; NMG – N-methyl-D-glukamin; pNMG – částečné nahrazení N-methyl-D-glukaminu

mimics the presence of an  $\text{Na}^+$  compound and blocks  $\text{Na}^+$  currents in the cell membrane [2,3]. The peripheral nerves play an important role in conducting processed information to target motor units for generating elaborate movement patterns. Considering the importance of the speed of this information transfer, changes in nerve conduction velocity (CVD) become important. Nerve CVD measurement can be performed by dividing the distance between the recording and stimulating electrodes by the time for the nerve compound action potential (CAP) to travel that distance, which is called latency [4]. With this measurement, only the velocity information of the fastest-conducting fibers can be gathered, rather than that of the slower fiber groups that constitute most of the nerve bundle. Any change in the cellular level affects these fiber groups differently [5]. The most accurate method of measuring these changes is to calculate the nerve CVD [6–8]. With this study, we aimed to investigate the alterations in the CVD histogram of rats' sciatic nerves by changing the extracellular Na concentration with an NMG replacement.

## Material and methods

This study was approved by the Ethics Committee of Necmettin Erbakan University Experimental Medicine Application and Research Center Konya, Turkey (Approval No.

2017-023). Due to gender-dependent differences in the rats' sciatic nerve fiber CVD, only male Sprague-Dawley rats weighing 200–250 g (10–12 weeks old) were used for this study. The experiments were realized in the Meram Medical Faculty Biophysics research laboratory. During the experiments, eight animals were used, and all these animals were cared for in accordance with the National Institute of Health Guide for the care and use of laboratory animals. All chemicals which were used for the experiments were purchased from Sigma (Sigma-Aldrich Chemie, Steinheim, Germany).

The rats were killed by decapitation using a specially prepared laboratory guillotine without anesthesia. Immediately, the sciatic nerves were dissected from the hind limbs of the rats, then transferred into an organ bath, which was perfused with modified Krebs solution (119 mM NaCl, 4.8 mM KCl, 1.8 mM  $\text{CaCl}_2$ , 1.2 mM  $\text{MgSO}_4$ , 1.2 mM  $\text{KH}_2\text{PO}_4$ , 20 mM  $\text{NaHCO}_3$ , and 10 mM glucose, having a pH of 7.4 and gassed with a mixture of 95%  $\text{O}_2$  and 5%  $\text{CO}_2$ ) at a constant rate of 5 mL/min at a fixed temperature ( $37 \pm 0.5^\circ\text{C}$ ). Only the sciatic nerves from one side of the animals were used for the experiments.

The experiments were performed under three different mediums; control (exposed to Krebs Solution), pNMG (exposed to 40 mM NaCl, 127 mM NMG, 4.8 mM KCl, 1.8 mM  $\text{CaCl}_2$ , 1.2 mM  $\text{MgSO}_4$ , 1.2 mM  $\text{KH}_2\text{PO}_4$ ,

20 mM  $\text{NaHCO}_3$ , and 10 mM glucose, having a pH of 7.4 and gassed with a mixture of 95%  $\text{O}_2$  and 5%  $\text{CO}_2$ ) and fNMG (exposed to 135 mM NMG, 4.8 mM KCl, 1.8 mM  $\text{CaCl}_2$ , 1.2 mM  $\text{MgSO}_4$ , 1.2 mM  $\text{KH}_2\text{PO}_4$ , 20 mM  $\text{NaHCO}_3$ , and 10 mM glucose, having a pH of 7.4 and gassed with a mixture of 95%  $\text{O}_2$  and 5%  $\text{CO}_2$ ). In both replacement media, there is also  $\text{Na}^+$  ion from bicarbonate buffer which is assumed not to affect the current blockage of NMG. For the exposure experiments, the recording chamber media was changed for modified Krebs solutions. In the control group, none of the replacement chemicals were added to the recording chamber. The sciatic nerves were exposed to partial replacement and full replacement of  $\text{Na}^+$  with NMG for 30 min which is the time required for the maximum decrease in CAP amplitude, according to data from our preliminary experiments. The recording was performed at the 30<sup>th</sup> minute of the exposure.

Square-shaped supramaximal pulses of 0.2 ms duration at a frequency of 1 Hz were given for the stimulations from the proximal ends of the nerve trunk via a stimulus isolation unit (Model SIU5 [Grass Instruments Co., West Warwick, RI, USA]) using a stimulator (Model Grass S88K [Grass Instruments Co., West Warwick, RI, USA]). In order to guarantee the recording from the same activated number of fibers at any point along the nerve, CAP recordings were performed from the tibial branch of the isolated nerve trunk using a suction electrode fixed on an organ bath. Supramaximal pulses were determined as the stimuli of intensity of approximately 20% higher voltage than that required for gaining maximum CAP amplitude. The amplified and filtered (1 Hz to 10 KHz) (CP511 AC Amplifier [Grass Instruments Co., West Warwick, RI, USA]) CAP signals were digitized by an A/D converter card (Model PCL 1710 [Advantech Co., Taiwan]) at 40 KSPS (kilosamples  $\text{s}^{-1}$ ) using the open-source CAP recording software Real-time Compound Action Potential (RETI-CAP [ICON Research Lab, Konya, Turkey]) produced in our laboratory and stored on a hard disk for further analysis [9]. Signal averaging was not necessary due to pure CAP signals.

In this study, two different conduction velocity (CV) calculations were obtained. For this purpose, two time differences ( $\Delta t_{\text{cap}}$  and  $\Delta t_{\text{peak}}$ ) were measured;  $\Delta t_{\text{cap}}$  is the time delay between the moment the stimulus is delivered and the onset of the CAP, and  $\Delta t_{\text{peak}}$  is the time delay between the moment the stimulus is delivered and the moment when the CAP

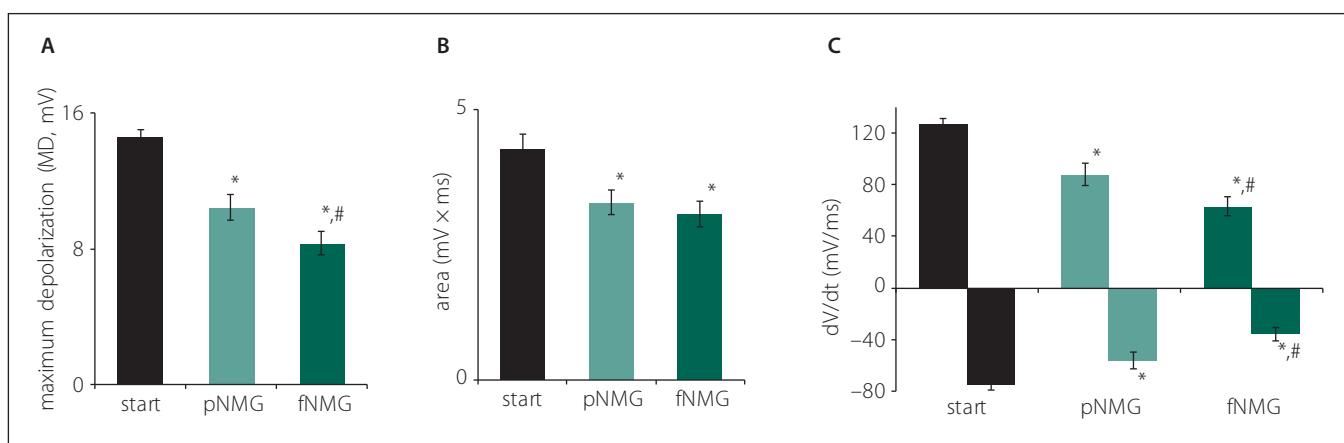


Fig. 2. (A) Maximum depolarization of CAPs; (B) calculated area under the CAPs; (C) values are given as mean  $\pm$  SEM (start, pNMG, fNMG;  $N = 8$ ).

\* –  $P < 0.05$  compared with the start; # –  $P < 0.05$  compared with the pNMG group

CAP – compound action potential; fNMG – full N-methyl-D-glucamine replacement; N – number; NMG – N-methyl-D-glucamine; pNMG – partial N-methyl-D-glucamine replacement; SEM – standard error mean

Obr. 2. (A) Maximální depolarizace CAP; (B) vypočítaná plocha pod křivkou CAP; (C) hodnoty jsou uvedeny jako střední hodnota  $\pm$  SEM (start, pNMG, fNMG;  $n = 8$ ).

\* –  $p < 0,05$  v porovnání se skupinou start; # –  $p < 0,05$  v porovnání se skupinou pNMG

CAP – akční potenciál sloučeniny; fNMG – plné nahrazení N-methyl-D-glukaminu; n – počet; NMG – N-methyl-D-glukamin; pNMG – částečné nahrazení N-methyl-D-glukaminu; SEM – střední chyba průměru

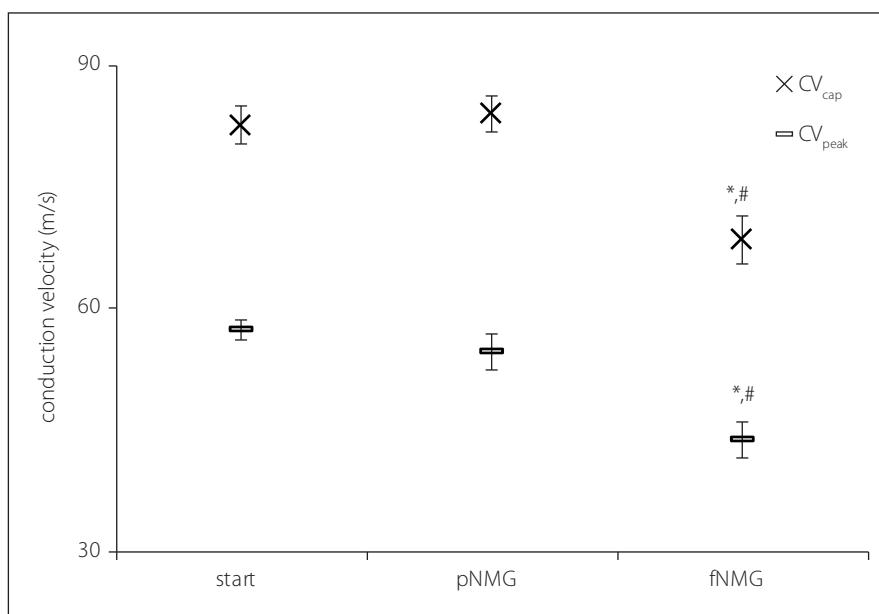


Fig. 3. Conduction velocities regarding experiment groups. Values are given as mean  $\pm$  SEM (Start, pNMG, fNMG;  $N = 8$ ).

\* –  $P < 0.05$  compared with the Start; # –  $P < 0.05$  compared with the pNMG group

CV – conduction velocity; fNMG – full N-methyl-D-glucamine replacement; N – number; NMG – N-methyl-D-glucamine; pNMG – partial N-methyl-D-glucamine replacement; SEM – standard error mean

Obr. 3. Rychlosti vedení vztahu v jednotlivých experimentálních skupinách. Hodnoty jsou uvedeny jako střední hodnota  $\pm$  SEM (Start, pNMG, fNMG;  $n = 8$ ).

\* –  $p < 0,05$  v porovnání se skupinou Start; # –  $p < 0,05$  v porovnání se skupinou pNMG

CV – rychlosť vedení vztahu; fNMG – plné nahrazení N-methyl-D-glukaminu; n – počet; NMG – N-methyl-D-glukamin; pNMG – částečné nahrazení N-methyl-D-glukaminu; SEM – střední chyba průměru

amplitude reaches its maximum value. When  $\Delta x$  is determined as the distance between the stimulating and recording electrodes:

$$CV_{cap} = \Delta x / \Delta t_{cap} \quad (1)$$

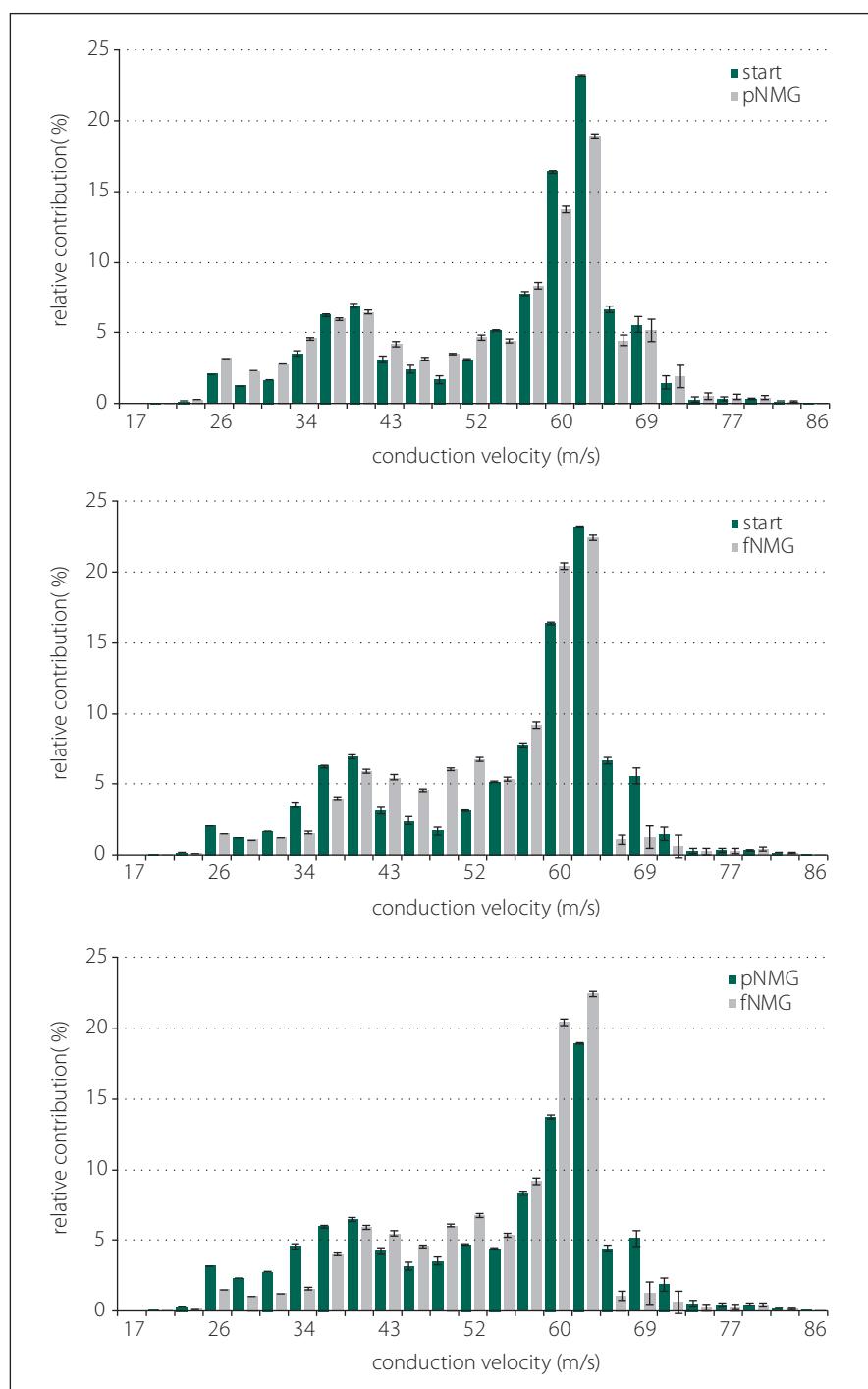
$$CV_{peak} = \Delta x / \Delta t_{peak} \quad (2)$$

Conduction velocities for each experimental group were estimated using eqs. (1) and (2), where  $\Delta x$  was taken as 30 mm.

The maximum depolarizations (MD, mV), time derivatives ( $dV/dt$ , mV/ms) of the CAPs, and the areas under the CAPs (mV  $\times$  ms) were also calculated. The maximum time derivatives, which correspond to the maximum rate of change in the rising phase of the CAPs, can also be used as an index of the conduction activity of the nerve fibers in a bundle. The area under the CAP is proportional to the number of excited nerve fibers, so the areas under the CAPs were calculated.

To obtain information about the individual activities of nerve fiber groups having different CVs, CVD histograms were developed using a mathematical model that was enhanced using the model proposed by Cummins et al [6,7]. The basic principle of the model based on the statements of the CAP can be expressed as:

$$CAP(t) = \sum_{i=1}^N w_i f_i(t - \tau_i)$$



**Fig. 4. Estimated CVD histograms and relative contribution of CVD groups. Comparison of relative contribution histograms of nerve fibers having different conduction velocities; (A) start/pNMG; (B) start/fNMG; (C) pNMG/fNMG. Percent contributions are given as mean  $\pm$  SEM (start, pNMG, fNMG;  $n = 8$ ).**

CVD – conduction velocity distribution; fNMG – full N-methyl-D-glucamine replacement; N – number; pNMG – partial N-methyl-D-glucamine replacement; SEM – standard error mean  
 Obr. 4. Odhadované histogramy CVD a relativní příspěvek skupin CVD. Porovnání histogramů relativního příspěvku nervových vláken s různými rychlostmi vedení vzniku; (A) start/pNMG; (B) start/fNMG; (C) pNMG/fNMG. Procentuální příspěvky jsou uvedeny jako střední hodnota  $\pm$  SEM (start, pNMG, fNMG;  $n = 8$ ).

CVD – distribuce rychlosti vedení vzniku; fNMG – plné nahrazení N-methyl-D-glukaminu; n – počet; pNMG – částečné nahrazení N-methyl-D-glukaminu; SEM – střední chyba průměru ( $P < 0.05$ ).

where the  $\text{CAP}(t)$ : the observed CAP as a function of time,  $N$  is the number of fiber classes,  $w_i$  is the amplitude weighting coefficients for class  $i$ , and  $f_i(t)$  is the single-fiber action potential in class  $i$ . The weighting coefficients ( $w_i$ ) are general parameters to account for all influences on the contribution of each fiber class to the observed CAP. To estimate the individual activities of the nerve fiber groups from the CAPs, the CVDs for all nerves of the Start, pNMG, and fNMG groups were calculated. The CVD histogram is divided into three subgroups: slow, medium, and fast, for the reason that the visual interpretation can be done easily during  $\text{Na}^+$  replacement with NMG.

Unless otherwise specified, the comparisons between the groups were done using a one-way analysis of variance (ANOVA), followed by the Duncan post hoc test for multiple comparisons when the analysis of variance indicated significant results.  $P < 0.05$  was considered significant. The data are presented as mean  $\pm$  standard error mean (SEM).

## Results

The replacement of  $\text{Na}^+$  with NMG in the extracellular medium depressed the CAP dramatically in both partial (pNMG) and full (fNMG) replacement. Sample CAP traces are given in Fig. 1 for each replacement medium in the same time axis. The MD value for each replacement group is found to be significantly decreased (Fig. 2A). For the full replacement group, the MD parameter was also found to be significantly decreased when compared to partial replacement ( $P < 0.05$ ). Partial NMG replacement caused a  $28.00 \pm 4.60\%$  change while full replacement caused a  $42.74 \pm 4.92\%$  change as against the start. Both replacements resulted in a significant decrease in area ( $\text{mV} \times \text{ms}$ ) of the CAP (Fig. 2B). However, the decrement in area was not significant when compared to partial replacement ( $P < 0.05$ ). Partial NMG replacement caused a  $22.99 \pm 6.84\%$  change while full replacement caused a  $27.73 \pm 4.02\%$  change as against the start. The maximum time derivative (max.  $\text{dV}/\text{dt}$ ,  $\text{mV}/\text{ms}$ ) and the minimum time derivative (min.  $\text{dV}/\text{dt}$ ,  $\text{mV}/\text{ms}$ ) values of the CAPs are significantly decreased for both replacement groups (Fig. 2C). Full replacement also caused significant decreases for each time derivative parameter when compared to partial replacement ( $P < 0.05$ ).

As explained in the Materials and methods section, two CVs were calculated by using two different latency measurements;  $CV_{cap}$  and  $CV_{peak}$ . While partial replacement did not show any effect, full replacement showed a significant decrease for both CVs (Fig. 3) ( $P < 0.05$ ). The decrement was  $16.92 \pm 2.03\%$  for  $CV_{cap}$  and  $23.62 \pm 3.46\%$  for  $CV_{peak}$  as against the start.

Estimated CVD histograms were given in Fig. 4, which were calculated by using an inverse mathematical model. In these histograms, the percent relative contribution was shown for 25 bins, which corresponds to CVs ranging from 17 to 86 m/s. Despite the fact that these relatively higher resolution distributions show a general tendency for each replacement group, for the purpose of getting a better assessment, three main CV subgroups were described. The ranges for CV subgroups are 17–33 m/s for slow, 34–59 m/s for medium, and 60–86 m/s for fast.

A significant change was found for all CV subgroups after each replacement. Partial replacement resulted in a significant depression on the fast-conducting fiber group, while the contributions of the medium- and slow-conducting fiber groups were found to be increased. Full replacement did not cause any change in the contribution of the fast-conducting subgroup, but the contribution of the slow-conducting subgroup was significantly decreased (Fig. 5).

## Discussion

In this study, we replaced extracellular  $Na^+$  with NMG in different ratios to decrease the  $Na^+$  current. However, the replacement of  $Na^+$  with Li or NMG in the extracellular medium is a well-studied subject in many studies conducted on single neurons [10–12]. In order to understand changes in ionic currents such as  $Ca^{2+}$  modulation after the replacement of extracellular  $Na^+$ , studying with isolated neurons is the only option. Nevertheless, when the peripheral nervous system is the subject, it is not possible to study on axons of single neurons. Many known neuropathies affect mainly peripheral nerve conduction [13]. Because peripheral nerves are formed by the packaging of more than one axon in a sheath, their conduction properties may be different from what they show alone. The CV-related structural differences between the axons as another variable also make this difference greater. With our study, we investigated changes in the contribution of nerve fibers having different CVs and

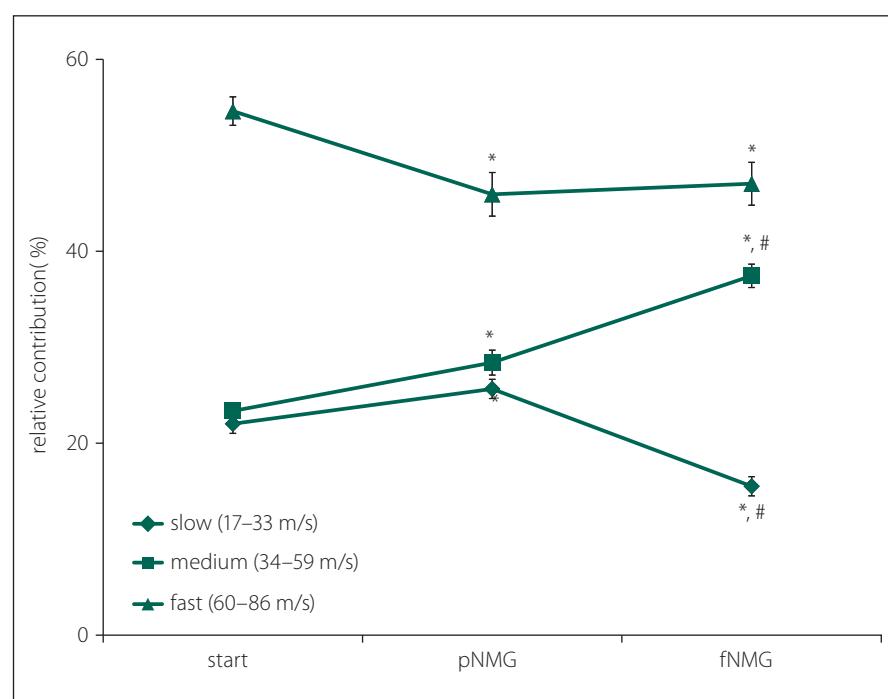


Fig. 5. Percent relative contribution of conduction velocity groups; slow, medium and fast for each extracellular medium replacement group (start, pNMG, fNMG;  $N = 8$ ). Values are given as mean  $\pm$  SEM.

fNMG – full N-methyl-D-glucamine replacement; N – number; pNMG – partial N-methyl-D-glucamine replacement; SEM – standard error mean

Obr. 5. Procentuální relativní příspěvek skupin rychlosti vedení vzruchu; pomalá, střední a rychlá pro každou skupinu nahradby extracelulárního media (start, pNMG, fNMG;  $n = 8$ ). Hodnoty jsou uvedeny jako střední hodnota  $\pm$  SEM.

fNMG – plné nahrazení N-methyl-D-glukaminu; n – počet; pNMG – částečné nahrazení N-methyl-D-glukaminu; SEM – střední chyba průměru

the general parameters of CAP after partial and full replacement of extracellular  $Na^+$  with NMG.

The results of our study indicate that both partial and full replacement of extracellular  $Na^+$  with NMG inhibited nerve conduction. Especially in full replacement, the latency and shape of the CAP were affected dramatically (Fig. 1). The measured MD values of the CAP were significantly reduced with both replacement media, and that can be attributed to an alteration in single fiber action potential (SFAP) CV. This finding, due to the nature of the CAP, can be interpreted as the complete blockade of the activity of some single nerve fibers. Since the area under the CAP is directly related to the number of contributing nerve fibers, the area ( $mV \times ms$ ) was calculated in order to investigate the presence of any blockades. While both partial and full replacement cause a significant decrease when compared with the start, it is interesting to note that full replacement

does not cause any difference when compared to partial replacement (Fig. 2A). The interpretation of these two parameters together is important in the following respect: If the CVD changes without blockage, the MD can be changed without any change in the area of CAP [14]. Therefore, this situation, which can be interpreted as an indicator of a change only in distribution, were seen for full replacement (Fig. 2B). The rising phase of the CAPs is shaped by the fastest-conducting fibers, while the falling phase is shaped by the rest of the fibers [15]. The upstroke velocity, which is the maximum value of the time derivative of the CAP, decreased significantly with the increasing level of the replacement medium. The minimum value of the time derivative, which reflects the rapidity of the falling phase, is also decreased significantly by the increased level of the replacement medium (Fig. 2C). A dramatic decrease in both parameters shows that the contribution of nerve fibers

having different conduction properties has changed [8]. Even if the rising phase was affected in the partial replacement group, it was revealed that the fastest fibers were primarily affected. In order to better understand this finding, two different CVs were calculated;  $CV_{cap}$  and  $CV_{peak}$  which is obtained by using two different latency measurements. As seen in Fig. 3, partial replacement did not show any difference for both CVs, while full replacement caused a significant decrease. The percentage of this decrement in  $CV_{peak}$  was higher than in  $CV_{cap}$ , which means full replacement affects most of the fiber groups (except the fastest fibers) rather than just the fibers having the fastest CV. These CV calculation methods are traditional and used mostly in clinical studies to assess the changes in nerve conduction of the fastest or the medium CV groups [16]. However, assessment of the relative number of active fibers for discrete CV values in a nerve bundle can be possible using CVD calculations. Determination CVD is a numeric method that requires forward and backward calculation using SFAP models [6,7].

With this unique method that is enhanced by our study group, CVD histograms are obtained and the changes in the contributions of fibers having different CVs before and after a certain event can be observed [8,17]. In our study, the question is how the replacement of  $Na^+$  with NMG affects the contributions of fibers having different CVs; in other words, fibers having different axon diameters and myelin thicknesses, since these structural properties are known to be factors affecting the CV of a nerve fiber. Histograms for CVDs are given in Fig. 4 for each replacement group in 25 bins ranging from 17 m/s to 86 m/s. For the pNMG group, the most notable change in relative contribution seemed to be on the right side of distribution, which corresponds to the fastest-conducting fiber groups (Fig. 4A). These types of fibers also seemed to be affected by full replacement, but in this instance, a prominent change was seen in the middle of the distribution (Fig. 4B). When a comparison of the replacement groups is desired, this time, a shift towards the middle of the distribution from the left side draws attention, while there is no change on the right side of the distribution (Fig. 4C). The best way to consider any contribution shift between the nerve fibers that means CV changes or any conduction blockage is to divide the CVD histograms

into subgroups as defined in the Results section. When changes in the percent relative contribution of predefined CV subgroups were considered, partial replacement affected each CV subgroup significantly (Fig. 5). A decrement in fast (60–86 m/s) fibers seems to be compensated with increments in other subgroups. However, for the pNMG group, we know that a significant decrease in both CAP area and MD value means that there is blockage in some nerve fibers (Fig. 2A and 2B). Thus, the decrease in the contribution of fast fibers also involves blockage. When the fNMG group is in question, this time there is no change in the contribution of fast fibers, while a significant increase appears in the contribution of medium (34–59 m/s) fibers, which appears to compensate for the decrease in the contribution of slow (17–33 m/s) fibers (Fig. 5). We also have the knowledge that there are no blockages in this group because of the fact that there is no change in the area under the CAP (Fig. 2A and 2B).

Morphometric and histological studies in literature have shown that fibers having slow CV or small axon diameters are more susceptible to pathological conditions such as diabetic neuropathy [18]. According to studies testing the CVD change after drug-induced neurotoxicity, axons having large diameters are more resistant to neurotoxic conditions [19]. However, in contrast with these studies, in our study nerve fiber groups having a fast CV in a peripheral nerve bundle are shown to be affected first from the replacement of an essential ion. It would be more appropriate to interpret the findings of our study based on the nerve conduction studies of pharmacological agents with  $Na^+$  channel blockade effects. Fast fibers having a larger axon diameter correspond to the sensory nerves, and it is a known fact that local anesthetics tended to block the conduction of larger fibers first by blocking voltage-gated  $Na$  channels [20]. Motor (small myelinated) fibers are found to be affected first by bupivacaine, which is a local anesthetic agent [21]. On the other hand, in our previous study, tramadol application showed that fast-conducting fibers were more susceptible to conduction blocks than others [20]. Although the mechanisms of action of local anesthetics are different, our study showed in detail the changes in activities of axons having a different CV by blocking only  $Na^+$  currents by replacing  $Na^+$  outside the cell with NMG.

## References

1. Bravo-Nuevo A, Marcy A, Huang M et al. Meglumine exerts protective effects against features of metabolic syndrome and type II diabetes. *PLoS One* 2014; 9(2): e90031. doi: 10.1371/journal.pone.0090031.
2. Spindler AJ, Noble SJ, Noble D et al. The effects of sodium substitution on currents determining the resting potential in guinea-pig ventricular cells. *Exp Physiol* 1998; 83(2): 121–136.
3. Buckler KJ, Vaughan-Jones RD. Effects of hypercapnia on membrane potential and intracellular calcium in rat carotid body type I cells. *J Physiol* 1994; 478(Pt 1): 157–171.
4. Delisa JA, Lee HJ, Baran EM. Manual of nerve conduction velocity and clinical neurophysiology. 3rd ed. New York: Raven Press 1994.
5. Krarup C. Compound sensory action potential in normal and pathological human nerves. *Muscle Nerve* 2004; 29(4): 465–483.
6. Cummins KL, Perkel DH, Dorfman LJ. Nerve fiber conduction-velocity distributions. I. Estimation based on the single-fiber and compound action potentials. *Electroencephalogr Clin Neurophysiol* 1979; 46(6): 634–646.
7. Cummins KL, Dorfman LJ, Perkel DH. Nerve fiber conduction-velocity distributions. II. Estimation based on two compound action potentials. *Electroencephalogr Clin Neurophysiol* 1979; 46(6): 647–658.
8. Tuncer S, Dalkılıç N, Esen HH et al. An early diagnostic tool for diabetic neuropathy: conduction velocity distribution. *Muscle Nerve* 2011; 43(2): 237–244. doi: 10.1002/mus.21837.
9. ICON Reserch Lab. RETICAP. Available from URL: <http://icon.unrlabs.org/projects/reticap/>.
10. Liu X, Stan Leung L. Sodium-activated potassium conductance participates in the depolarizing after potential following a single action potential in rat hippocampal CA1 pyramidal cells. *Brain Res* 2004; 1023(2): 185–192.
11. Vikhareva EA, Zamoyski VL, Grigoriev VV. Modification of calcium-activated chloride currents in cerebellar purkinje neurons. *Bull Exp Biol Med* 2017; 162(6): 709–713. doi: 10.1007/s10517-017-3694-1.
12. Kennedy HJ, Thomas RC. Intracellular calcium and its sodium-independent regulation in voltage-clamped snail neurones. *J Physiol* 1995; 484(Pt 3): 533–548.
13. Gasparotti R, Padua L, Briani C et al. New technologies for the assessment of neuropathies. *Nat Rev Neurosci* 2017; 18(4): 203–216. doi: 10.1038/nrnuro.2017.31.
14. Taylor PK. CMAP dispersion, amplitude decay, and area decay in a normal population. *Muscle Nerve* 1993; 16(11): 1181–1187. doi: 10.1002/mus.880161107.
15. Dalkılıç N, Pehlivan F. Derivatives and integrals of compound action potential of isolated frog sciatic nerves. *J Ankara Med School* 1994; 16: 634–646.
16. Ayaz M, Dalkılıç N, Tuncer S et al. Selenium-induced changes on rat sciatic nerve fibers: compound action potentials. *Methods Find Exp Clin Pharmacol* 2008; 30(4): 271–275. doi: 10.1358/mfc.2008.30.4.1166220.
17. Dalkılıç N, Pehlivan F. Comparison of fiber diameter distributions deduced by modeling compound action potentials recorded by extracellular and suction techniques. *Int J Neurosci* 2002; 112(8): 913–930.
18. Jakobsen J. Axonal dwindle in early experimental diabetes. I. A study of cross sectioned nerves. *Diabetologia* 1976; 12(6): 539–546.
19. Cavalletti G, Marmiroli P. Chemotherapy-induced peripheral neurotoxicity. *Expert Opin Drug Saf* 2004; 3(6): 535–546.
20. Dalkılıç N, Tuncer S, Barışkaner H et al. Effect of tramadol on the rat sciatic nerve conduction: a numerical analysis and conduction velocity distribution study. *Yaku-gaku Zasshi* 2009; 129(4): 485–493.
21. Dalkılıç N, Barışkaner H, Dogan N et al. The effect of bupivacaine on compound action potential parameters of sciatic nerve fibers. *Int J Neurosci* 2004; 114(1): 1–16. doi: 10.1080/00207450490257159.