

# Correlation of the IgG index and oligoclonal bands in the CSF of patients with multiple sclerosis

Korelace mezi indexem IgG a oligoklonálními pásy při CSF vyšetření u pacientů s roztroušenou sklerózou

## Abstract

**Objective:** The aim of this study was to assess the correlation between IgG index values and the number of the oligoclonal IgG bands (OCB) in the cerebrospinal fluid (CSF) of patients with multiple sclerosis (MS). **Material and Methods:** The set of 150 patients consisted of 41 males and 109 females (aged 18–68, mean  $36.6 \pm 10.1$  years). The CSF collected by a lumbar puncture was examined evaluating intrathecal synthesis using the IgG index and determining OCB. The number of alkaline OCB in the CSF was assessed using the method of isoelectric focusing. Pearson's correlation analysis, and homogeneity  $\chi^2$  test, Mann-Whitney test, paired-sample t-test (parametric) and Wilcoxon signed-ranks test (nonparametric) were used to evaluate the statistical significance of the results. **Results:** No positive correlation between the IgG index and the number of OCB was found. Mann-Whitney test also did not demonstrate any significant difference of the IgG index values in patients both with the OCB number  $\geq 2$  and  $< 2$ . **Conclusion:** This study did not confirm the correlation between the IgG index values and the OCB number in the CSF of MS patients.

## Souhrn

**Cíl:** Cílem studie bylo vyhodnotit vztah mezi hodnotami indexu IgG a počtem oligoklonálních IgG pásů (OCB) v mozkomíšním moku (CSF) pacientů s roztroušenou sklerózou (SM). **Materiál a metodika:** Soubor 150 pacientů sestával ze 41 mužů a 109 žen (ve věku od 18 do 68 let, průměrný věk byl  $36,6 \pm 10,1$  let). U mozkomíšního moku odebraného lumbální punkcí byla posouzena intratekální syntéza s využitím indexu IgG a stanovením OCB. Počet alkalických OCB v CSF byl stanoven metodou izoelektrické fokusace. K vyhodnocení statistické významnosti výsledků byla rovněž použita Pearsonova korelační analýza,  $\chi^2$  test homogenity, Mannův-Whitneyův test, párový t-test (parametrický) a jednovýběrový Wilcoxonův test (neparametrický). **Výsledky:** Pozitivní korelace mezi IgG indexem a počtem OCB nebyla nalezena. Ani Mannův-Whitneyův test neprokázal podstatný rozdíl v hodnotách indexu IgG u pacientů s OCB  $\geq 2$  a  $< 2$ . **Závěr:** Studie nepotvrdila korelaci mezi hodnotami IgG indexu a počtem OCB v CSF u pacientů s roztroušenou sklerózou.

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Přijato k recenzi: 19. 12. 2006

Přijato do tisku: 27. 2. 2007

## Key words

oligoclonal bands – cerebrospinal fluid – IgG index – multiple sclerosis

## Klíčová slova

oligoklonální pásy – mozkomíšní mok – IgG index – roztroušená skleróza

## Introduction

Immunoglobulins are glycoproteins produced by plasmocytes. In contrast to the known and characteristic reaction in the serum, where antibody production switches from the IgM to IgG class in the subacute and chronic phase of the disease, such a transition is not present in the intrathecal synthesis. The characteristic immunoglobulin pattern in classes IgG, IgM and IgA existing in the central nervous system (CNS) remains relatively constant already at the disease onset. Intrathecal IgG synthesis represents local IgG production within the CNS compartment, originates from perivascular infiltrates of B lymphocytes. Quantitative assessment of the intrathecal IgG synthesis is based on the relationship between IgG and albumin concentrations in the CSF and serum. Oligoclonal IgG immunoglobulins represent a primarily polyspecific and only subsequently an oligoclonal type of immune response. This produces an extensive spectrum of non-specific antibodies of „non-sense“ nature.

Information obtained by a detailed assessment of the CSF is currently unreplaceable for the diagnostics and monitoring of MS development. In all MS stages, increased IgG levels, which after correction for the function of the blood-brain barrier show their intrathecal synthesis, can be found. It is possible to demonstrate it as OCB by which the immunoglobulins participating in a destruction of the myelin covering of axons are lining up to special patterns. OCB assessment is the most specific CSF test for MS diagnosis [1] – their presence provides a significant support for this diagnosis, because they are not found in the serum of these patients and are therefore a proof of antibody production directly in the CNS. OCB are present (in the number of 2 or more) in the CSF of 95–100% of MS patients [2,3]. OCB can be present

even in the case, when the CSF IgG level is normal. Finally, OCB are not specific only for MS – they are also found in various inflammatory disorders as well as in the chronic CNS infections. On the other hand, they are usually not present in neurodegenerative diseases, acute disseminated encephalomyelitis, Guillain-Barré syndrome, vascular, toxic, metabolic, traumatic or psychiatric disorders, radicular syndromes or in the majority of peripheral neuropathies [4]. OCB have a predictive value in the case of a negative magnetic resonance imaging finding (MRI), but there is no direct correlation between the OCB in the CSF and the demyelinating process as assessed by the MRI.

Determination of IgG index represents a quantitative detection of intrathecal synthesis. In the case of higher concentration of CSF IgG with normal levels of IgG in serum is the IgG index value elevated, regarding to the blood-brain barrier function. The limit for intrathecal synthesis detection is rated for 0,7. OCB represent a qualitative detection of intrathecal synthesis – OCB are detected by IEF usually in alkaline spectrum (event. neutral or para-neutral section) and are characterized by polyspecificity and oligoclonality.

The aim of this study was to assess the correlation between IgG index values and the OCB number in the CSF of patients with MS.

## Material and Methods

The set of 150 MS patients (aged 18–68, mean  $36.6 \pm 10.1$  years) consisted of 41 males and 109 females. The diagnosis of RRMS was established based on the McDonald's criteria. All patients were treated at the Department of Neurology, University Hospital, Olomouc, Czech Republic, between 2001 and 2005.

In all patients, the CSF was collected by a routine lumbar puncture as part of the

standard diagnostic process. The assessment of the IgG index and of the OCB was used for the evaluation of the intrathecal synthesis. IgG method of Pharmacia Biotech (Uppsala, Sweden) modified for using of acrylamid gel PhastGel ICF 3–9 and by isoelectric focusing (IEF) [5] with successive affinity immunoblot was used. The number of OCB in the CSF was assessed by the method of isoelectric focustion (IEF). The samples were examined in a laboratory with the international certificate for the IEF method (KB/0079). The IgG index was calculated from IgG and albumin measurements performed in CSF and serum. The calculation takes the following form: Index IgG =  $(\text{IgG}_{\text{CSF}}/\text{IgG}_{\text{Serum}})/(\text{Alb}_{\text{CSF}}/\text{Alb}_{\text{Serum}}) = Q_{\text{IgG}}/Q_{\text{Alb}}$ .

Pearson's correlation analysis, and homogeneity  $\chi^2$  test, Mann-Whitney test, paired-sample t-test (parametric) and Wilcoxon signed-ranks test (nonparametric) were used to evaluate the statistical significance of the results, using SPSS-10 software package (SPSS, Chicago, USA). Sensitivity and specificity of the IgG index and the OCB number for the prediction of MS diagnosis were also assessed.

The whole study was conducted in accordance with the Helsinki Declaration of 1975 (as revised in 1983) and it was approved by local ethics committee of University Hospital in Olomouc, Czech Republic.

## Results

Only OCB present in the CSF and absent from serum were considered. IgG index and the OCB number are summarized in the Tables 1 and 2.

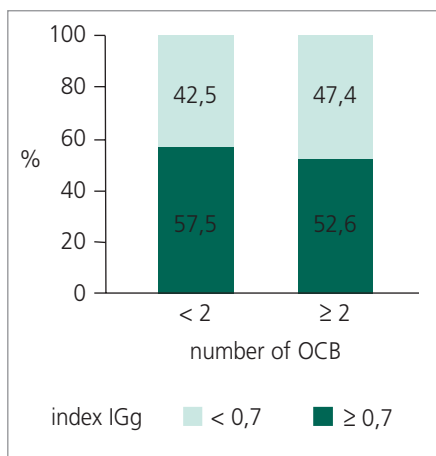
No positive correlation between the IgG index and the number of OCB was found by the Pearson's correlation and nonparametric Spearman correlation. Using the Mann-Whitney also test did not demonstrate any significant difference of the IgG index values in patients both with the OCB number  $\geq 2$  and  $< 2$ .

**Table 1. IgG Index values.**

IgG Index	Frequency	Percent	Valid Percent
$\leq 0,7$	91	60,7	61,9
$> 0,7$	56	37,3	38,1
Total	147	98,0	100,0
Unlisted	3	2,0	
Total	150	100,0	

**Table 2. Number of oligoclonal IgG bands.**

IgG Index	Frequency	Percent	Valid Percent
$\geq 2$	97	64,7	70,3
$< 2$	41	27,3	29,7
Total	138	92,0	100,0
Unlisted	12	8,0	
Total	150	100,0	



**Figure 1. Correlation of the IgG index a OCB number.**

We also have determined the sensitivity and the specificity of the technique used in our laboratory: characteristics of diagnostic test of IgG index  $> 0,7$  for prediction of MS diagnosis: sensitivity – 38,1%, specificity – 91,7 %, accuracy – 77,6 %, positive predictive value – 62,2 %, negative predictive value – 80,5 %. Characteristics of diagnostic test of OCB number  $\geq 2$  for prediction of MS diagnosis: sensitivity – 70,3 %, specificity – 76,1 %, accuracy – 74,4 %, positive predictive value – 53,3 %, negative predictive value – 86,8 %. Characteristics of diagnostic test both of of IgG index  $> 0,7$  and oligoclonal IgG bands number  $\geq 2$  for prediction of MS diagnosis: sensitivity – 77,0 %, specificity – 73,7 %, accuracy – 74,6 %, positive predictive value – 51,1 %, negative predictive value – 90,0 %.

## Discussion

The dynamics of the appearance and the development of OCB during the course of MS are not yet generally known [6]. In the study performed by Kaiser et al [7], only two cases (1%) out of the 185 CSF samples obtained from MS patients demonstrated the specificity of OCB antibodies against known CNS antigens. Livrea et al [8] did not find any correlation was found between the OCB pattern or amounts and age, duration, clinical course or therapy of the disease.

Concerning to correlation between the IgG index and OCB there is a lack of data in current literature – in study of Kaiser et al [9] were used two quantitative methods of determining the intrathecal synthesis of

IgG for their usefulness in deciding about the necessity of further investigations of OCB in the CSF. While OCB could be detected in no patient with an IgG index  $< 0,45$ , OCB were always demonstrated in patients with an index  $> 0,80$ . Even though arrange of IgG index 0.45–0.8 values OCB was only detected in 268 out of 1316 patients (20.4%), in 190 out of 268 samples (70.8%)

Mayringer et al [10] found a positive correlation between the IgG index and the frequency of OCB as well as the probability of demyelinating CNS disease in patients with demyelinating CNS disease.

On the contrary we did not find any positive correlation between both parameters of intrathecal synthesis which is in accordance with study of Rochelli et al [11] – 63 out of 70 patients with definite MS and 24 out of 35 with probable MS had oligoclonal bands in the CSF and in the 18 patients with normal OCB pattern did not show any statistically significant difference as concerns the quantitative CSF parameters (IgG index, IgG synthesis and serum/CSF albumin quotient) compared to the patients with the OCB in CSF. Also in study of Poloni [12], in a group of 120 MS patients the group of 20 patients with normal IgG profile has been compared with a group of 22 patients selected by random out of the 100 with IgG oligoclonal bands and no statistically significant difference was discovered between these groups.

On the basis of our findings we can support the opinion about unsubstitutability of quantitative and qualitative methods in CSF assessment for use in differential diagnostics of MS. Because of lower diagnostic sensitivity, IgG index assessment cannot be recommended as replacement of IEF. Quantitative assessment of IgG in CSF is easier and quicker but qualitative method by IEF is the most sensitive method for detecting of abnormal intrathecal synthesis.

## Conclusion

This study did not confirm the correlation between the IgG index values and the OCB number in the CSF of MS patients and support the opinion about unsubstitutability both of methods in MS diagnostics. Further studies are needed to assess this topic.

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